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**CAQ (M. Parish)**

This is a questionnaire that provides me with information about the way you and your partner relate to and feel about one another. It can help me evaluate your relationship and offers valuable information for me to better help you.

Please give the following statements a value of 1 to 10, according to how much you agree with them, and a value of -1 to -10 according to how much you disagree from them.

**1**

- I especially enjoy being with my partner \_\_\_\_\_ (1)
- I look forward to seeing my partner \_\_\_\_\_ (1)
- After we have been apart, I am eager to see my partner again \_\_\_\_\_ (1)
- Sometimes I miss my partner when he/she is not around \_\_\_\_\_ (2)
- I like to have contact with my partner even on the phone \_\_\_\_\_ (1)
- I often think about my partner when he/she is not around \_\_\_\_\_ (9)
- Even when I am not with my partner, thinking about him or her is comforting \_\_\_\_\_ (9)
- I have loving feelings for my partner \_\_\_\_\_ (7)
- There is no one else like my partner \_\_\_\_\_ (8)

**2**

- I feel anxious when my partner is away \_\_\_\_\_ (2)
- I feel uncomfortable when my partner goes away without me \_\_\_\_\_ (2)
- I do not like it when my partner can't be with me. \_\_\_\_\_ (2)
- It bothers me when I am unable to be with my partner \_\_\_\_\_ (2)
- It is important to me to be able to see my partner regularly \_\_\_\_\_ (1)
- I feel sexually attracted to my partner \_\_\_\_\_ (7)
- I feel the presence of my partner in my daily life \_\_\_\_\_ (9)
- I am sometimes surprised I have such strong emotional reactions to things my partner says or does \_\_\_\_\_ (7)

**3**

- My partner is understanding of my problems \_\_\_\_\_ (6)
- My partner is sensitive to my feelings \_\_\_\_\_ (6)
- When I am upset, my partner responds in a helpful way \_\_\_\_\_ (6)
- I believe my partner always tries to be helpful to me \_\_\_\_\_ (6)
- My partner is available when I need him/her \_\_\_\_\_ (6)
- I turn to my partner for comfort and support \_\_\_\_\_ (4)
- I feel very safe with my partner \_\_\_\_\_ (4)

When I feel upset about something, I want to talk with my partner about it \_\_\_\_\_ (4)  
I am eager to tell my partner about my accomplishments \_\_\_\_\_ (3)

#### 4

I could easily have this same sort of relationship with someone else \_\_\_\_\_ (8)  
My partner is more important to me than most other people are. \_\_\_\_\_ (8)  
It would be difficult for me to replace my partner with someone else \_\_\_\_\_ (8)  
My relationship with my partner is different from any other relationship I have had \_\_\_\_\_ (8)  
Knowing that my partner is there gives me a sense of confidence \_\_\_\_\_ (3)  
My partner provides me with a sense of security \_\_\_\_\_ (4)  
I have especially strong feelings about my partner \_\_\_\_\_ (7)  
At times I have felt furious at my partner \_\_\_\_\_ (7)

#### 5

My partner helps me to explore new ideas \_\_\_\_\_ (3)  
I feel more able to do new things since I have known my partner \_\_\_\_\_ (3)  
Having my partner in my life helps me to do my work \_\_\_\_\_ (3)  
Being with my partner makes me feel very calm and reassured. \_\_\_\_\_ (4)  
Sometimes I imagine talking to my partner when he/she is not around \_\_\_\_\_ (9)

#### 6

I feel that my partner is wiser than I am. \_\_\_\_\_ (5)  
I look up to my partner \_\_\_\_\_ (5)  
My partner is a stronger person than I am. \_\_\_\_\_ (5)  
When I have a problem, I sometimes wonder what my partner would do in the same situation \_\_\_\_\_ (9)  
I admire my partner \_\_\_\_\_ (5)  
My partner knows a lot about life. \_\_\_\_\_ (5)

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